

## Peabody & Arnold Participates in 2023 Boston Lawyers Have Heart 5K

### Partners

Tamara Smith Holtslag

### By Peabody & Arnold on June 14, 2023

Peabody & Arnold attorneys and legal professionals recently joined the Boston legal community in supporting the American Heart Association's "Lawyers Have Heart 5K" which raises funds for life-saving research and honors heart disease and stroke survivors. The Firm's runners and walkers were proud to support this effort. Lead by organizer and partner Tamara Smith Holtslag, the P&A 18-member team made a strong showing. Attorney Nicole Carnevale came in 1<sup>st</sup> for the firm with a total time of 22:35 for the 5k, with a 7:17 pace. She placed 99<sup>th</sup> out of 1176 runners, 18<sup>th</sup> out of all females, and 7<sup>th</sup> out of 183 for her age division. Other participants also made a strong showing with great time and pace, including runners Attorney Phil Czarnec, Human Resources Manager Sarah Spanos and Billing Specialist Ramon Perez.